

Travel Deeply, Do It Cheaply

 Penroads





I just wanted to thank you very sincerely for downloading this book. As a traveler myself, I sometimes have difficulties in figuring out how I can plan my travels for the best value money can get. With so many sites out there, it can get confusing.

So the team got together and spent quite some time researching and testing. We wanted to build the quintessential guide to travelling cheaply, and the result is this eBook. It's absolutely free for everybody, and I hope you'll share it with your friends.

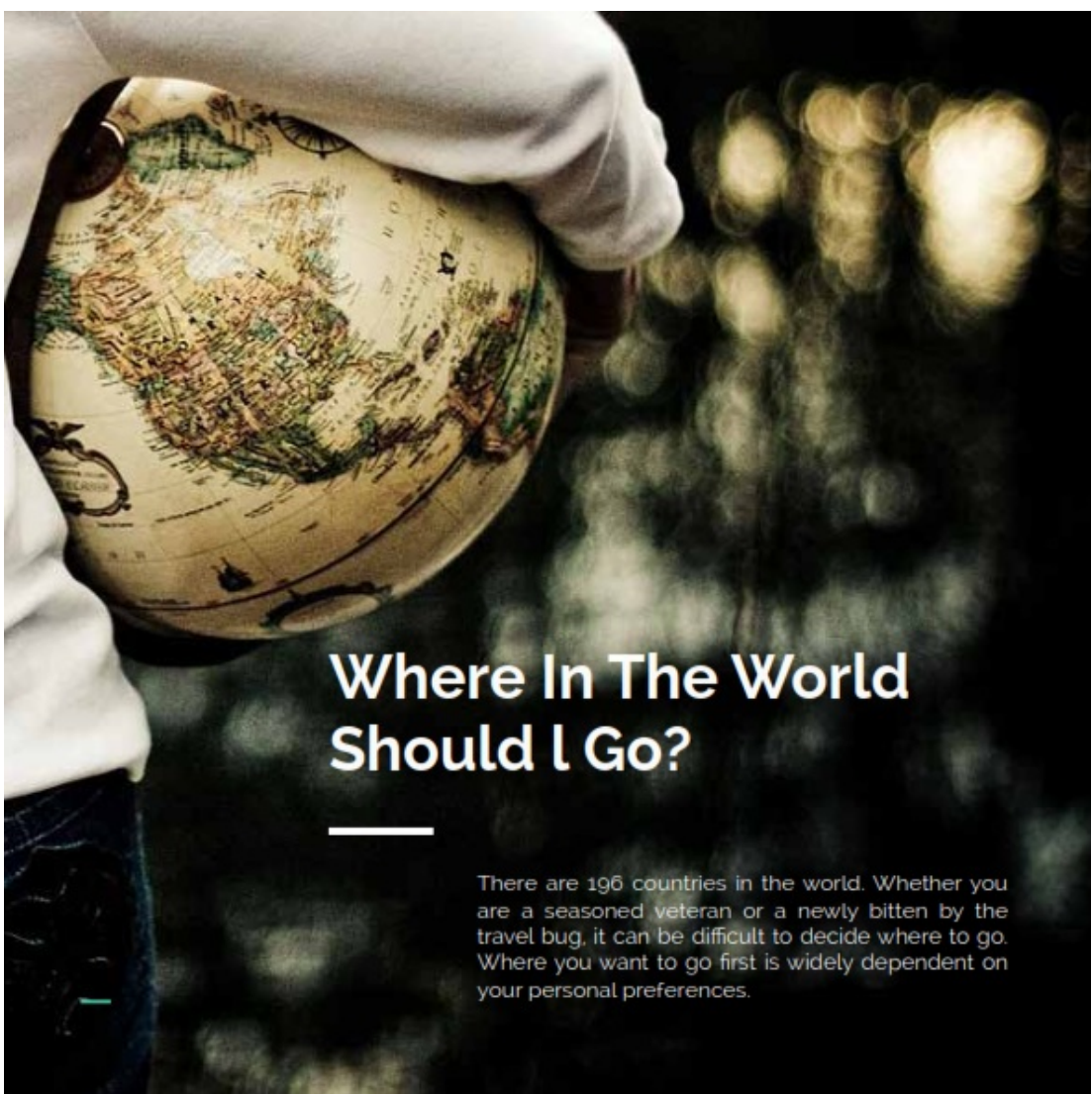
If you've got a minute, it would mean the world to me if you could check out our site at Penroads. It's a platform for you to find travel partners. Travelling with friends you meet on the road helps you see the world in a different way, or at least, that's how it was for me. I hope that you will share the same experiences that were so profound, it led me to start this company.

HARRY DANIEL FU
CEO / FOUNDER OF PENROADS

**"TRAVEL IS FATAL TO PREJUDICE, BIGOTRY
AND NARROW-MINDEDNESS."**

MARK TWAIN





Where In The World Should I Go?

There are 196 countries in the world. Whether you are a seasoned veteran or a newly bitten by the travel bug, it can be difficult to decide where to go. Where you want to go first is widely dependent on your personal preferences.

TIMING

If it's in the dead of winter, it might be best to hold off on Europe and similarly arctic climates like China or South Korea. This might be the time to consider a jaunt in Southeast Asia where it's warm all year round. Conversely, summer or spring might be a better time to head off to Europe (albeit a bit crowded) or stave off a trip to Southeast Asia or South America where temperatures reach unholy heights.

HOW MUCH DO YOU HAVE TO SPEND? HOW LONG WILL YOUR TRIP BE?

Those with a bit more cash at the beginning might have a more comfortable time in Europe. Although it's not impossible to backpack across Europe cheaply (You can - that's why you're reading this!), the dollar stretches much less there than in Southeast Asia. For those with less money and time, going somewhere a bit cheaper pays.

PREFERENCES

Ultimately, where do you want to go? If your dream has always been to see the Eiffel Tower or Angkor Wat, then go. You can make everything else fit.





Top 10 Cheapest Places To Travel



- | | | | | | |
|---|---------|-----------------|----|---------|---|
| 1 | \$16.23 | Pokhara, Nepal | 6 | \$18.41 | Chiang Mai, Thailand |
| 2 | \$16.85 | Hanoi, Vietnam | 7 | \$18.42 | Kathmandu, Nepal |
| 3 | \$17.16 | Saigon, Vietnam | 8 | \$20.10 | Vientiane, Lao People's Democratic Republic |
| 4 | \$17.26 | Goa, India | 9 | \$21.98 | Delhi, India |
| 5 | \$17.95 | Kiev, Ukraine | 10 | \$22.97 | La Paz, Bolivia |

[Link to source](#)

"ONCE A YEAR, GO
SOME PLACE YOU'VE
NEVER BEEN BEFORE."

—
DALAI LAMA





Budgeting - Before Your Trip -

Although the cost of travel can certainly be decreased, traveling will never be 100% completely free. In addition to the monetary costs, it will cost you your time. With smart planning, you can ensure that your dollar will return you the maximum amount of happiness that it can.

START SAVING

Take a percentage of your net paycheck and deposit it into a savings account with a decent interest rate. While in the short-term, your efforts may not result in a lot of interest. If you have more time (think years), you might look into investing a portion of your income and dedicate that money to your trip.

SIGN UP FOR TRAVEL CREDIT CARDS AND FREQUENT FLIER REWARDS PROGRAM

It might be worth it to sign up for a travel credit card with a large sign up bonus if you're going to be purchasing a lot of flights or traveling to many different places. You can then redeem these points on frequent flier rewards programs to get upgrades or cheaper (and sometimes free!) flights.



Budgeting - During Your Trip -

YOU NEED A BUDGET

It doesn't matter what method you use to track your expenses, but if you don't keep track of them, you might overspend and all of a sudden, you can't afford to eat anything but instant ramen.

FREELANCE

If you find yourself with less than enough cash and a laptop to last you the rest of the trip, consider freelancing on websites such as Fiverr or elance. You can also complete some surveys on Amazon Mechanical Turk for a very small payout. However, watch out for scams on Amazon. If it sounds too good to be true,



What To Pack?

SMART PHONE

Smart phones are no longer prohibitively expensive and you probably already own one. Your phone is your landline. In many countries, pre-paid SIM cards are fairly cheap and will give you access to data. Boom. Your phone is now simultaneous, a phone, camera, flashlight, map, and guidebook the size of your palm. Remember to pack your charger!

CAMERA

You're going traveling and it's understandable that you might want to take photos of the sights, foods, people to show your friends and family back home. If your smartphone doesn't cut it, feel free to pack your camera. Probably best to leave the DSLR at home though - it's expensive and bulky. Bring a simple digital camera.

BACKPACK

You need somewhere to store your stuff and when you're going to be carrying your stuff all around with you, you will want to make sure that it's comfortable. Remember that with new airline rules, you might not be able to bring your backpack with you as a carryon. Consider the size of your backpack when making the purchase.

OTHER ESSENTIALS

- LIP BALM
- UMBRELLA
- SUNSCREEN
- SUNGLASSES

- MICRO-FIBRE TOWEL
- BRAS/UNDERWEAR
- 1 PAIR OF SANDALS
- 1 PAIR OF WALKING SHOES

- 1 SWIMSUIT
- 1 NICE SHIRT
- 1 MICROFLEECE
- 2 PANTS/SKIRTS
- 2-3 T-SHIRTS (COTTON OR POLYESTER)OR DRESSES

- CREDIT CARD
- PASSPORT AND DRIVER'S LICENSE
- FIRST-AID KIT (SEE OUR SAFETY SECTION FOR WHAT TO PACK! - PAGE 35)



- INSECT REPELLANT
- SHAMPOO AND CONDITIONER
- TOOTHBRUSH AND TOOTHPASTE

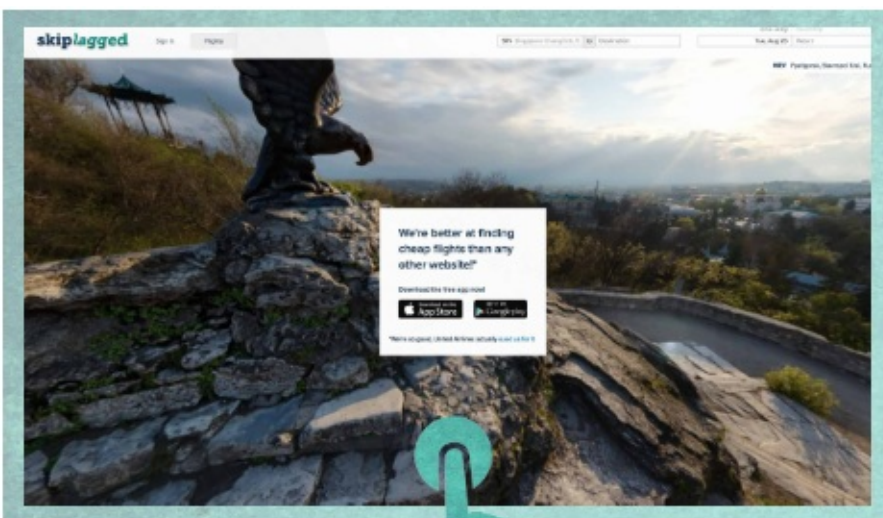
How do I find the cheapest flights? There are so many websites out there that can help you find the cheapest fares. It's mind-boggling, and it's confusing. With some extra fact-checking on your part, you can save hundreds of dollars in tickets - and here's how we think you should do it.

FIRST, START OFF COMPARING FLIGHT PRICE AGGREGATORS

Flight price aggregators such a [Kayak](#) or [Skyscanner](#) allow you to compare prices for airlines across several aggregators, which makes your life that much easier.

CHECK ANOTHER WEBSITE CALLED SKIPLAGGED

[Skiplagged](#) is being sued by United Airlines for offering “hidden city ticketing”, which basically means that you book a flight past your destination and just get off at what was supposed to be your layover. This can save you hundreds of dollars. However, you can't check your bags and it's only good for a one-way route since if you skip out on your connecting flight, your returning flight is canceled. Use Skiplagged if you're going backpacking or only for a short trip where you don't need to check luggage.



LOOK OUT FOR FIFTH FREEDOM FLIGHTS

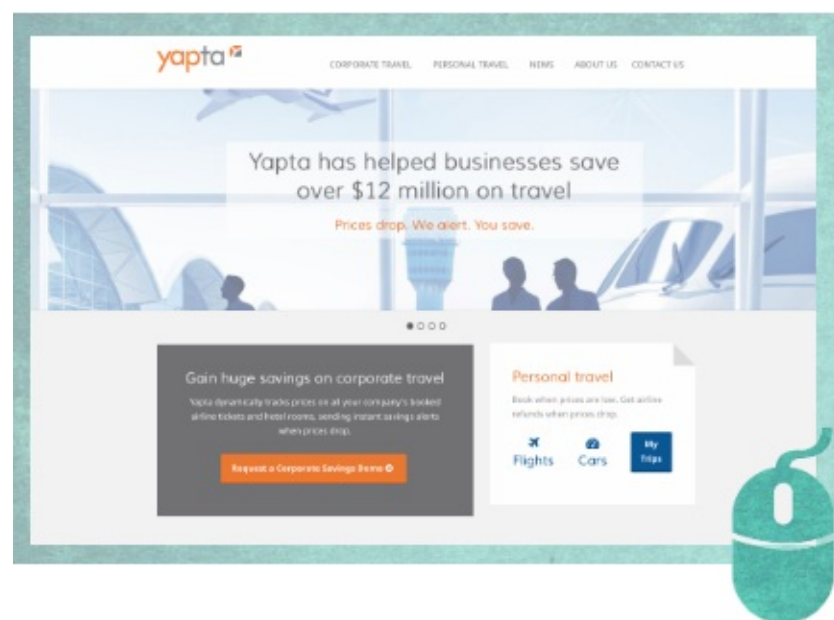
Fifth freedom flights are when an airline is flying from country A to B, but neither points are in the home country. For example, Singapore Airlines flies from HKG to SFO and Cathay Pacific flies from YVR to JFK. SO! Go to Wikipedia and look for the departure airport. Wikipedia shows all airlines operating out of that airport and their destinations. These flights tend to be cheaper since they are tagged on the leg of whole flights.

IF YOU ARE A STUDENT, YOU ARE IN LUCK!

Use a website such as [Student Universe](#) or [STA Travel](#) to find discounted flights. You need to be able to verify that you are a current student (or faculty member), but these tickets save you on average \$100.

ANOTHER GREAT WEBSITE IS YAPTA, WHICH TRACKS FARE CHANGES

Some airlines offer a refund when prices drop. This means that if prices drop, you can claim your refund directly through the website.



NOW THAT YOU HAVE GOT A PRETTY GOOD BASELINE, DO FACT-CHECKING

Check on the airline's website to see if your route costs less. Then, check the airline's foreign website to see if it's cheaper in another currency. Barring exorbitant foreign transaction fees, you may be able to save a couple dollars due to differences in exchange rates.

LAST BUT NOT LEAST, MAKE ONE LAST CHECK

ON BUDGET AIRLINES

A quick Google search should help you find most budget airlines. For example, if Singapore is your base camp, you can use budget airlines such as [Jetstar](#) or [Scoot](#). If the timing is right, you could be spending only \$100 on return tickets to Thailand, Vietnam, Indonesia. In Europe, you might use [easyJet](#) or [Ryanair](#).

REMEMBER, FARES CHANGE ALL THE TIME FOR DIFFERENT DATES

Since airlines often release deals on Mondays, by Tuesday, all the other airlines are scrambling to match those deals (Thank you invisible hand!). Expedia found that on average, flights booked on Tuesdays are up to \$28 cheaper. Remember to also book early. Domestic flights are best booked up to 50-100 days in advance and for international flights, it's best to book up to 150-225 days in advance.¹



Jetstar

Plan Your Trip

From: [] To: [] Class: [] Cabin: []

SEARCH FOR FLIGHTS

FREE bus transfer for Jetstar passengers

easyJet

FLYING FROM: [] GOING TO: []

£25.49 One way

London Luton: £33.97

Milan Malpensa: £25.80



Transportation



Great! You've landed in the airport of your choice safely and all your luggage is happily beside your side. Unfortunately, the costs don't end there. It's unrealistic for you to walk across the entirety of Italy or Thailand by foot alone. Think of these simple tips to save a couple dollars on your next trip.

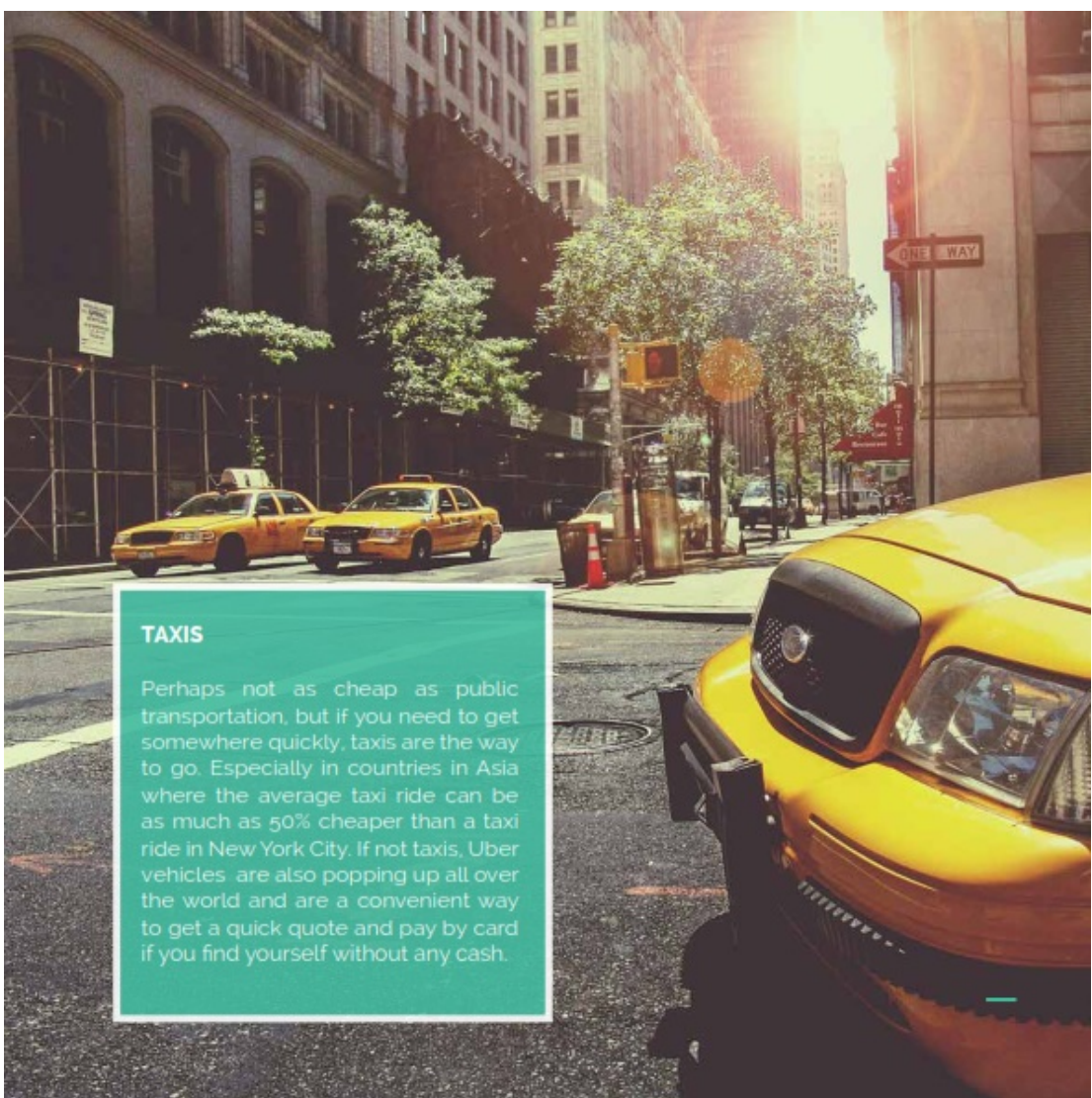
SUBWAY CARDS

In most cities, it is must cheaper to buy a local card (Hong Kong - [Octopus Card](#), Singapore - [EZ-Link Card](#)) to travel by bus or subway. You can also often use these cards as debit card.



TOURIST CARDS

Once again, if you're going to be holding an attraction-heavy itinerary, it might be a good idea to get a tourist card for that free transportation.



TAXIS

Perhaps not as cheap as public transportation, but if you need to get somewhere quickly, taxis are the way to go. Especially in countries in Asia where the average taxi ride can be as much as 50% cheaper than a taxi ride in New York City. If not taxis, Uber vehicles are also popping up all over the world and are a convenient way to get a quick quote and pay by card if you find yourself without any cash.



Accomodations

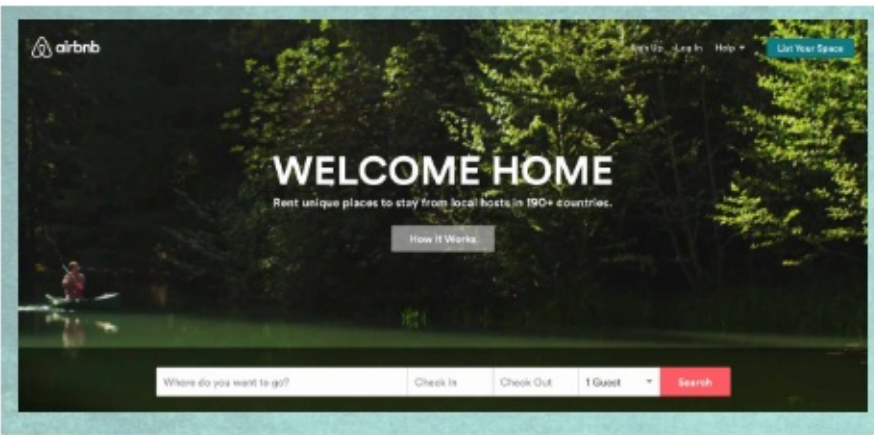
How do I live on the cheap? We've all got our own preferences. Here's a list of options you can consider for a comfortable place to rest your head at night without having to field phone calls from your creditors.

1

First, check a hotel price aggregator to compare prices and get a general baseline for per night rates. I like using [Trivago](#) and then cross-checking reviews with [TripAdvisor](#). However, be aware that many countries impose a room tax and these extra fees might not be shown until the final checkout.

2

Check out [AirBnB](#). Rooms/Houses here are listed by owner and are generally nice, located conveniently, and within your set budget. (Fun Fact: I stayed in Montreal in a wonderful room for only \$20/night)



3

Hostel is not exactly an accurate representation of a hostel. Hostels are clean and most importantly affordable. These days, staying in a hostel doesn't necessarily mean you even have to stay in a dorm as private rooms are available and often much cheaper than a room you might find in a hotel.

4

Hotel Bidding: Let me be honest, it takes time and patience to do correctly. Especially in the United States, certain websites have popped up like Priceline that allows you to pick your own price. However, be careful. This option only really works if you're ok with staying at any hotel Priceline picks for you within your dates of stay, zone, and quality preferences. This means that Priceline will give you a 4-star hotel in section A, but it might give you a 4-star hotel in the part of section A you don't want to be in. In large metropolitan areas where there's plenty of fast public transport though, this is OK. There's a really handy guide [here](#).

5

Exchange homes! Although you might get more traction if you live in a more desirable area (read: Paris, France not Paris, Texas) and you have to trust that the person you're swapping homes will respect your home, this is a great option that is cheaper than renting out a hotel room and affords you use of the whole space. [Love Home Swap](#) membership fees starts at \$20/month, which means that you pay \$140 annually - that's cheaper than a night at 3-star hotel in New York City.

6

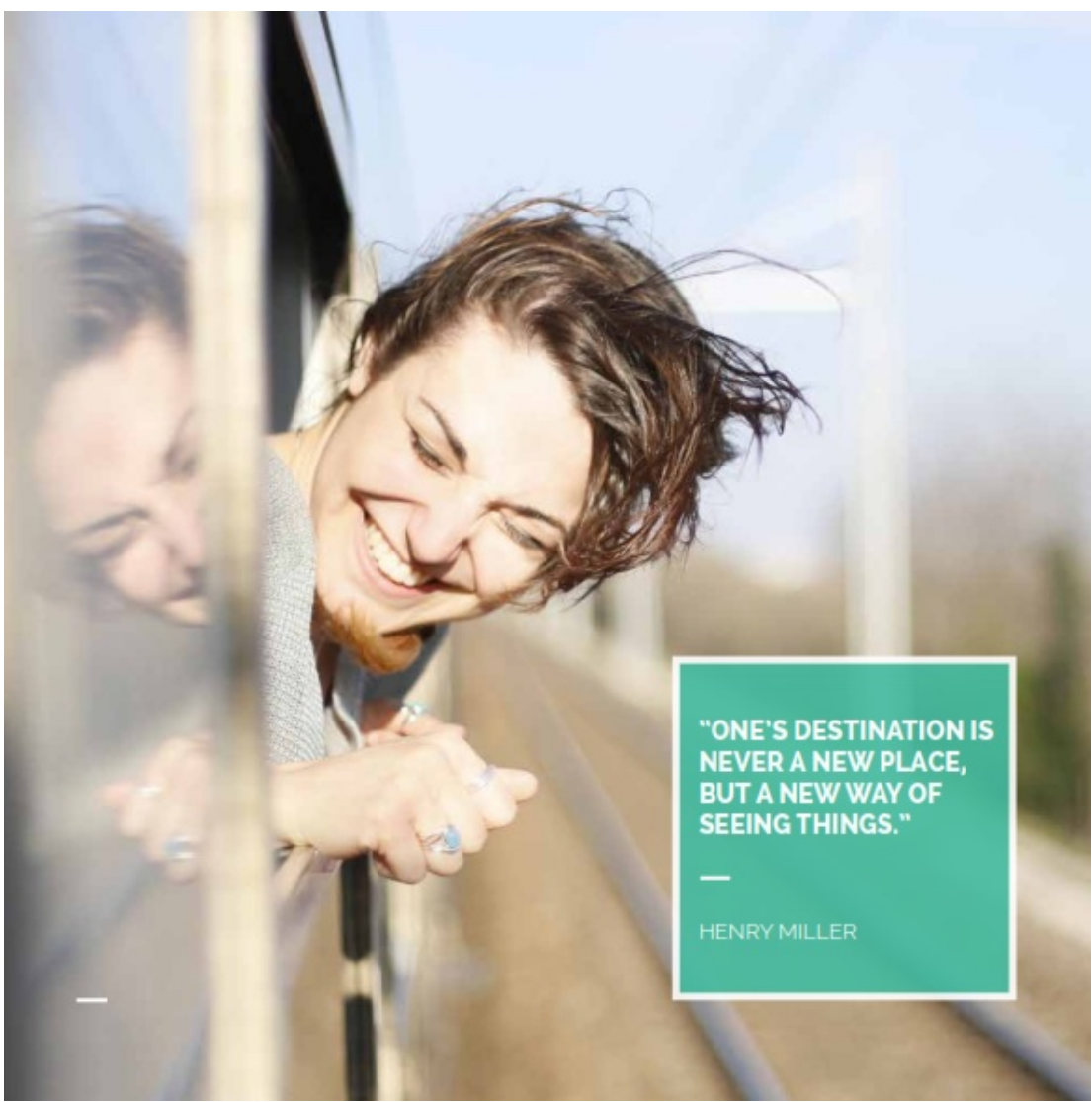
. . . Or you can just house sit! Housesitting on websites like [MindMyHouse](#) will set you back about \$20, but many homeowners are looking for house sitters provided that you pay the utilities and maintain the house to their liking. I've even found a luxurious house in France that's all yours as long as you weed their garden!

7

Go [CouchSurfing](#). Couchsurfing, while technically “free”, lets you stay with a local. However, be sure to help them out with the costs and spend time with them. It's mostly a cultural exchange and you will learn a lot more about your destination with them than from Fodor's.

8

Try your hand at working on a farm or just by working. Many sites offer accommodation and possibly board as well in return for work. The most popular ones include [WWOOF](#) and [HelpX](#).



"ONE'S DESTINATION IS
NEVER A NEW PLACE,
BUT A NEW WAY OF
SEEING THINGS."

HENRY MILLER



Tourist Attractions

VISIT MUSEUMS ON FREE DAYS

While you would be remiss to ignore the museums while you're traveling, it does come with quite a hefty price tag. If you're smart and are doing some more long-term traveling, be sure to check the museum of your destination's websites for "free days" and you can be saving yourself upwards from \$20 each museum! Use our compilation of some of the world's most famous museums as a quick cheat sheet.

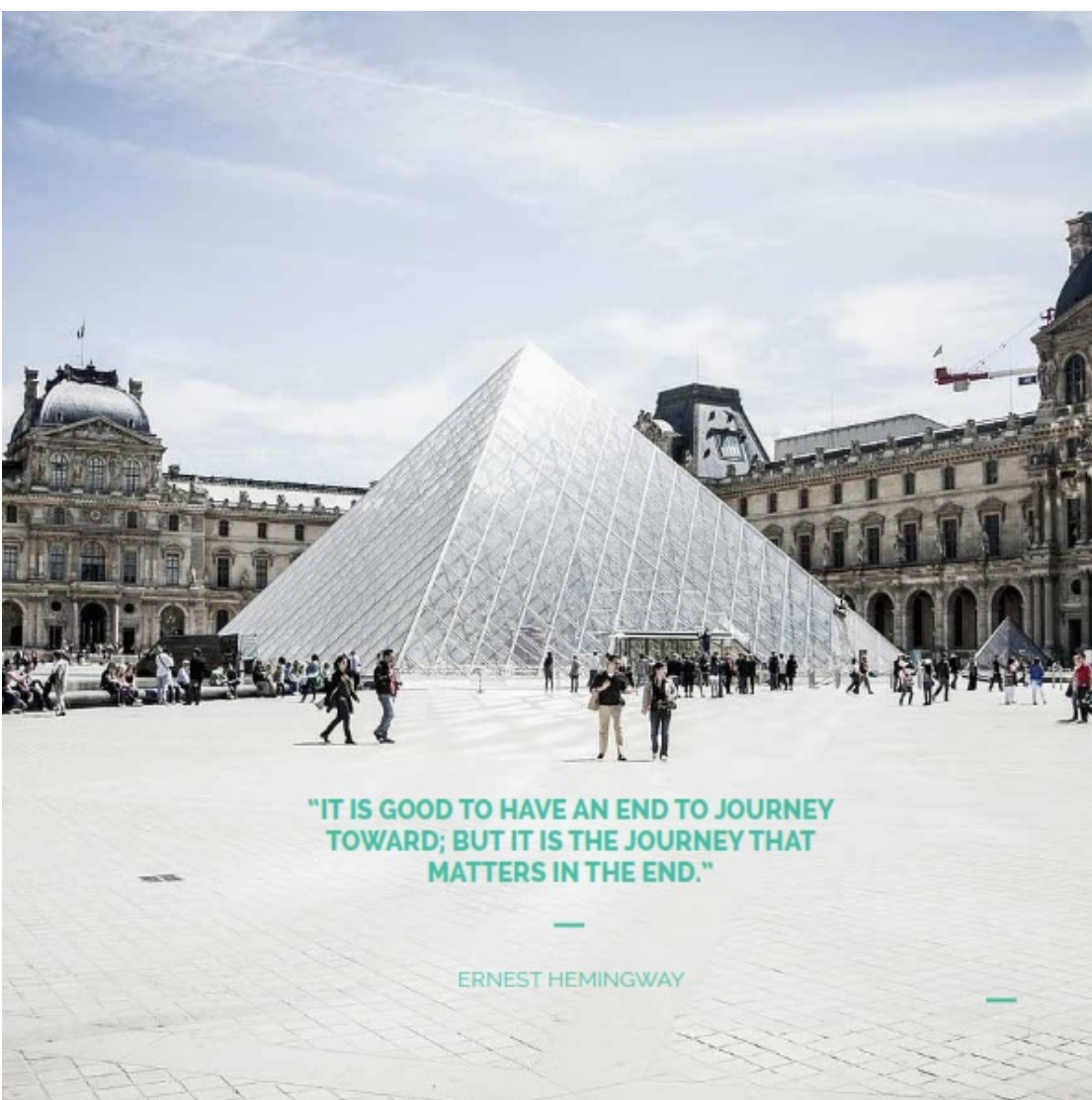
MAKE USE OF TOURIST PASSES

If your itinerary is attraction-heavy, you may want to consider investing in a tourist card. While these can be very, very, very pricy – the amount of savings it provides might make it well worth it. However, the high price of tourist cards might push you to try to see all of the city in two days, which might mean that you're missing out on the little things – like enjoying a cup of coffee at a Parisian café or a New York Bagel simply because you can't fit it into your four to five museums per day plan.

FLASH YOUR STUDENT ID CARD

Even if it's been a long time since you've seen your alma mater's hallowed halls, holding on to your ID can mean huge savings. Many cities offer students discounts to museums and attractions. You might even be able to enjoy a few euros off your gelato with a flash of your student ID.

MUSEUM	FREE DAYS	CITY
ASIAN CIVILISATIONS MUSEUM	FREE ALWAYS!	SINGAPORE, SINGAPORE
NATIONAL MUSEUM OF CHINA	ALWAYS FREE WITH PROOF OF ID	BEIJING, CHINA
NATIONAL MUSEUM OF KOREA	FREE ALWAYS!	SEOUL, SOUTH KOREA
NATIONAL PALACE MUSEUM	JANUARY 1 - NEW YEAR'S DAY MAY 18 - THE LANTERN FESTIVAL INTERNATIONAL MUSEUM DAY SEPTEMBER 27 - WORLD TOURISM DAY OCTOBER 10 - NATIONAL DAY	TAIPEI, TAIWAN



**"IT IS GOOD TO HAVE AN END TO JOURNEY
TOWARD; BUT IT IS THE JOURNEY THAT
MATTERS IN THE END."**

—
ERNEST HEMINGWAY
—

MUSEUM	FREE DAYS	CITY
BRITISH MUSEUM	FREE ALWAYS!	LONDON, ENGLAND
LE LOUVRE	FREE ON THE FIRST SUNDAY OF EACH MONTH FROM OCTOBER TO MARCH	PARIS, FRANCE
TATE MODERN	FREE ALWAYS	LONDON, ENGLAND
NATIONAL GALLERY	FREE ALWAYS!	LONDON, ENGLAND
STATE HERMITAGE	FREE ON THE FIRST THURSDAY OF EACH MONTH	ST. PETERSBURG, RUSSIA
THE ACROPOLIS MUSEUM	MARCH 25 MAY 18 – INTERNATIONAL MUSEUM DAY OCTOBER 28	ATHENS, GREECE
THE PRADO	MONDAY TO SATURDAY FROM 6PM-8PM SUNDAY AND HOLIDAYS FROM 5PM-7PM MAY 18 – INTERNATIONAL MUSEUM DAY NOVEMBER 19	MADRID, SPAIN
THE UFFIZI GALLERY	FREE ON THE FIRST SUNDAY OF EACH MONTH	FLORENCE, ITALY
THE VATICAN MUSEUMS	FREE ON THE LAST SUNDAY OF EACH MONTH FROM 9AM-12:30PM	VATICAN CITY, ITALY
THE BORGHESE GALLERY	FREE ON THE FIRST SUNDAY OF EACH MONTH – CALL IN ADVANCE TO MAKE RESERVATIONS	ROME, ITALY



MUSEUM	FREE DAYS	CITY
SMITHSONIAN INSTITUTION	FREE ALWAYS!	WASHINGTON, D.C., USA
THE MUSEUM OF MODERN ART	FREE ON FRIDAYS FROM 4PM-8PM	NEW YORK CITY, NY, USA
J. PAUL GETTY CENTER	FREE ALWAYS!	LOS ANGELES, CA, USA
THE GOLD MUSEUM	FREE ON SUNDAYS	BOGOTA, COLOMBIA
THE INHOTIM	FREE ON WEDNESDAYS	BRUMADINHO, BRAZIL
MUSEU PAULISTA	FREE ON THE FIRST SUNDAY OF EACH MONTH	SAO PAULO, BRAZIL



COOK YOURSELF

If you are doing a more long-term stay, it might save you money in the long run to cook for yourself. Often times, it is much cheaper than eating out.

BUFFETS

While certainly not as fancy as the \$100/head places where champagne flows freely and oysters abound, the \$10-\$15 joints will almost assuredly keep you full for at the least, a half day. These establishments are good places to carb up and often give you the most bang for your buck.

NEW RESTAURANTS & LUNCH SPECIAL

In a bigger city, it's not unheard of that you might get a free meal as a way to get customers in the door for new cities. This might take some time and luck in order to find these deals, but once in a while, it's a nice surprise. You can also always sample nice restaurant's lunch specials as they are often the same meals that are served at dinner except for much less the price.

STREET FOOD

Especially in countries like Asia, the street food is filling, delicious, and best of all cheap. In fact, street food can often be cheaper than cooking for yourself. Even better, you get to literally taste a slice of local culture.





Social

PENROADS

[Penroads](#) is a new social travel website that helps you find travel partners before you even get to your destination. On your own, you can share travel stories or participate in country-wide or hostel chat rooms. Together with the friends you meet on Penroads, you can start planning your trips together.

TINDER

[Tinder](#) is a backpacker favorite, the infamous “hookup app” is an easy way to meet people within a few miles of yourself whether it be local, backpacker, or normal traveler alike.

HOSTEL

Perhaps the most traditional way of making new travel friends is at the hostel itself. For the introverted, this might be a bit intimidating, but for the most part, the people at your hostel have the same goals as you, are genuine, and looking to be your future partners in crime.

**"TRAVEL IS THE ONLY
THING YOU BUY THAT
MAKES YOU RICHER."**

—
ANONYMOUS





Apps You Need



GOOGLE TRANSLATE

Google Translate is so smart that you can take pictures of words in foreign languages and it will translate it for you (works for Chinese and Korean as well!)



GOOGLE MAPS

Helpful in figuring out how to get somewhere even without data. You can download offline maps for later use in Google Maps.



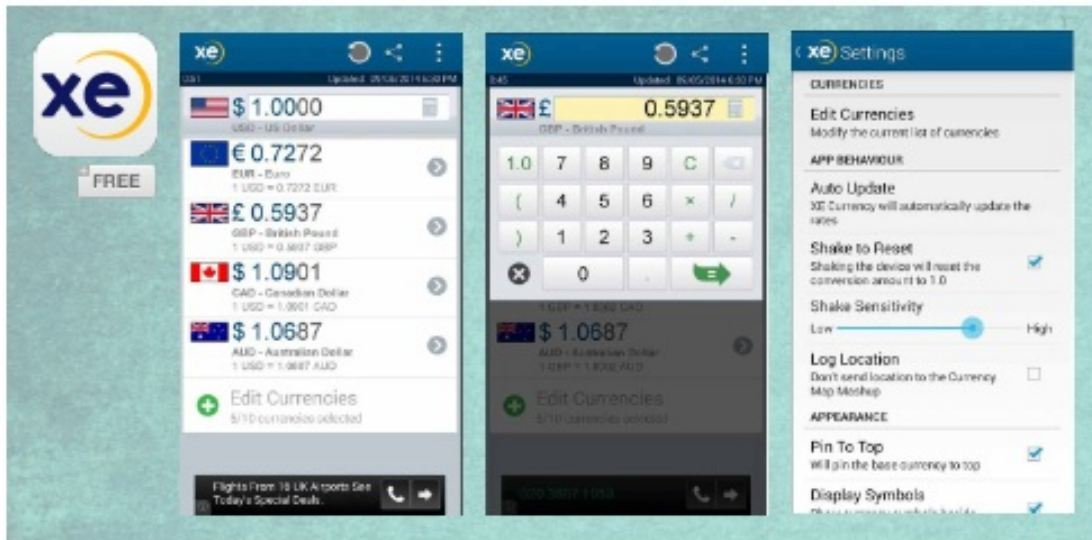
FLASHLIGHT

Having a flashlight app is useful when you have to wake up at 5 a.m. in a 6-person dorm room for your flight and wish to escape the wrath of five angry travelers.



JETLAG ROOSTER

There are many of these calculators on the market and they're pretty helpful in dealing with jetlag. Just input your trip information and it should work out a sleeping schedule for you to minimize jetlag.



[XE CURRENCY](#)

This app provides real-time currency exchange rates so that you won't be ripped off.



[YNAB / MINT](#)

As we've already established, having a budget is a necessary (although sometimes boring) fact of traveling. YNAB and Mint helps you keep track of your money.



[WHATSAPP / VIBER](#)

Keep in touch with your friends over Whatsapp or Viber. All you need is a Wi-Fi connection.

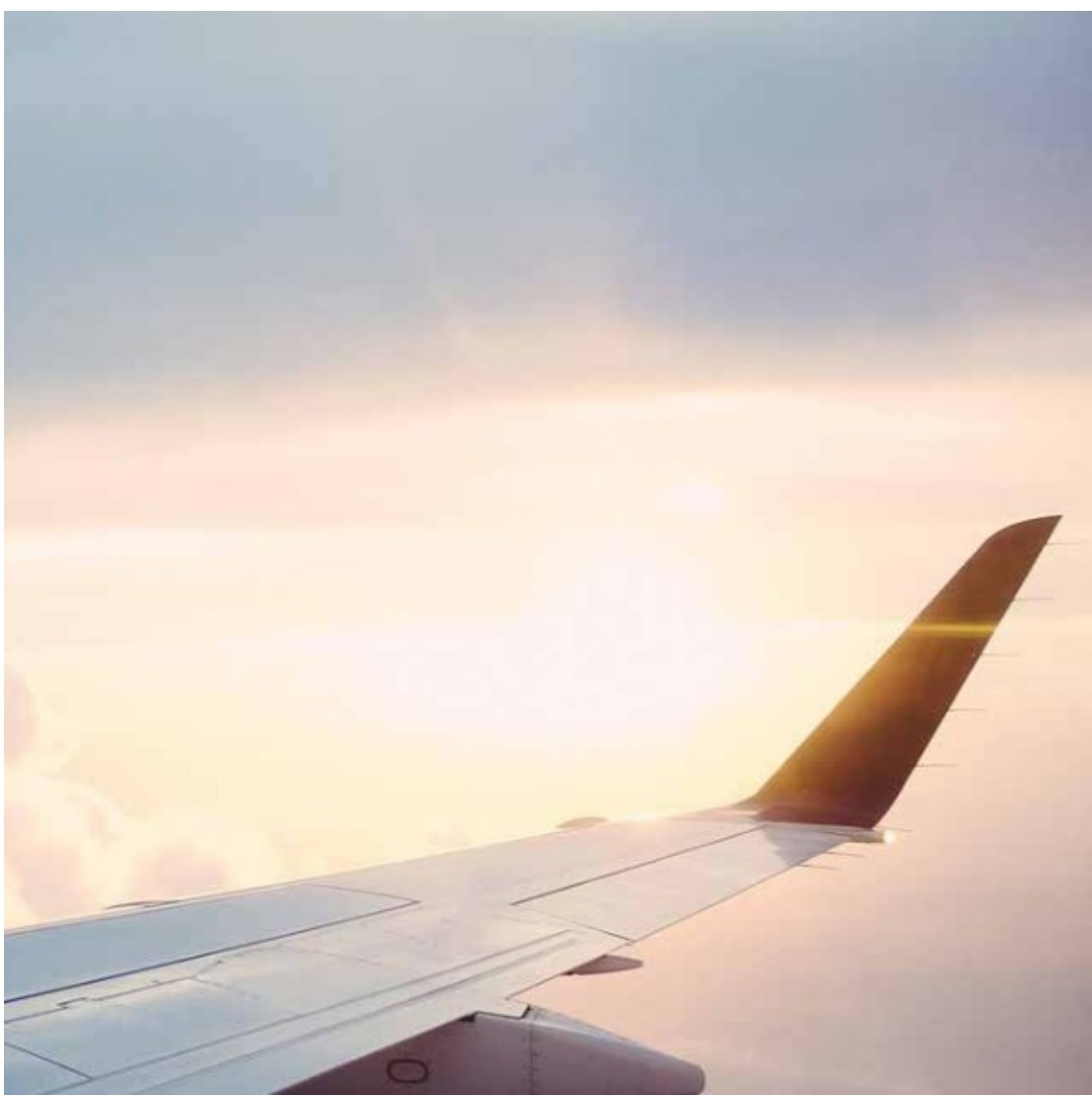


Staying Safe / Healthy

One of the worst things that can happen on that fun trip you've been planning for the last several months is getting sick or swindled. No one's asking you to take a probiotic and an Airborne tablet for breakfast, lunch, and dinner and no one's telling you to lock yourself inside your room, but some good planning can go a long way in ensuring that your fun trip is just that – fun!

TRAVEL INSURANCE

It cannot be mentioned enough. It is extremely important that you purchase travel insurance. Even if you think you could never in a million years hit your head cliff jumping or contract a case of meningitis, buy travel insurance. Your host country will not let you die, but travel insurance will help protect you from thousands of dollars in hospital fees – your debt might even force you to cut your trip short and if that's not a tragedy, I don't know what is.



GET VACCINATED

Do your research on the recommended and required vaccinations for the destination of your choice. It's just one more precaution that can help ensure a better and unobstructed time on the road for yourself.

BE AWARE OF YOUR SURROUNDINGS

We often hear stories of people getting pickpocketed or at the extreme – never being found, but most of the time, this is preventable. Read up on common scams in the country of your choice. This doesn't mean that you can't trust any local, but take a healthy amount of skepticism until you can.

DRINK WITHIN REASON AND HAVE A BUDDY

No one is telling you not to drink, but it is no secret that that fermented seductress called alcohol can often lower inhibitions and if too much is consumed, can cause you to lose control of yourself or forget what is happening. Drink, but make sure that you are in good company. Drink, but make sure you have a friend or two who won't let you wander off with that "nice man". Drink, but be smart about it.

✓ FIRST AID KIT ESSENTIALS





Thank You

Thank you so much for reading this e-book and we hope that you have learned at least a thing or two. We are always looking for more tips and tricks that we can share with fellow travelers like you.

We want to hear from you so please e-mail us at hello@penroads.com.

Remember to sign up at penroads.com - we'll send you a reminder when the next update is out!

Happy and safe travels everyone!

References

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